

THE GARGOYLE

Trying to multitask today will bring trouble. The stars suggest you slow down by eating a nice, sweet dragon fruit. Don't focus too much on getting that new toy you've been wanting. Appreciate and enjoy what you have right now. Go out and enjoy the outdoors. Look for adventure in your own back yard.

THE FANGS

You love all the cookies and cakes at a good party as much as anyone, but lately, sweets have not been very satisfying. The next time you're at a party, feel free to eat from the veggie platter. Broccoli, carrots, peas and cauliflower will provide you with a healthy step towards understanding what you truly need in order to feel happy and fulfilled. It's okay to say no to unhealthy sweets.

THE BRAIN

A vegetable you've never tried before may pop up unexpectedly in your life today. Be on the lookout for new adventures, but be careful not to forget about old friends. When a friend shares a treat with you, give back by sharing a slice of watermelon with them.

THE BOOMERANG

You can't decide between apples and bananas today. The good news is that you can have both. Try making a banana apple sandwich to avoid making bad decisions. If you persevere, yes, you can have everything you dream of.

THE MAGNIFYING GLASS

Don't hesitate today. You know what you want, so don't waste time! Make time to eat a bit of kiwi or cucumber. It will help you reach your goals sooner. Your family and friends are cheering you on.

THE BEST FRIENDS

Lately you've been feeling shy, but today is the day to eat cabbage and show the world just how wonderful you are! Green cabbages will help you be more charismatic, and red cabbages will help you make new friends.

THE CHAMELEON

A well-balanced diet of vegetables and fruits will give you the power to excel today! Try eating a rainbow of colours. A red tomato, an orange carrot, a yellow onion, some green leafy lettuce, a handful of blueberries, and a purple eggplant! Get ready for some changes in your relationship with green peppers! Are you ready to take a step in the right direction? Balance is important, so if you must have a bag of crisps, balance it out with a bowl of salads.

THE LANTERN

Listen to that inner voice in your tummy when it tells you to stop eating junk food. Listen well and it will tell you exactly what tasty veg or fruit to eat. Be brave and try a vegetable you've never tried before or give a vegetable you don't like a second try!

THE TIGER

Prepare for a fun day! You might have trouble concentrating and you might forget how to spell things, but you are going to have a great time. Eat some beans and listen to some music. Dance to your own tune and be confident.

THE TEARDROP

Be open to new vegetable experiences – it will lead to great fortune and happiness. Be on the lookout for vegetables whose names start with the letter "A". Your friends and family will look to you for advice. Stay calm and show everyone your practical and mature side.

THE GLASSES

Stay out of trouble today by minding your own business. If you eat radishes in the near future, you might gain some super-human qualities. Don't avoid your chores. A reward is in store. Stay active and curious!

THE MUMMY

You could meet an emerging celebrity today at a book signing. This will change your life. If you're ready for a new adventure, read a new book and keep a positive attitude towards mushrooms and peas. Watch out for zombies in unexpected places.